

March 11th 2019

RECEIVED

9107 6-17-16

To:

Honorable Judge

Elizabeth K. Dillon

United States Western District of Virginia

242 Franklin Rd.

Roanoke, Va. 24011

CLERK'S OFFICE U.S. DIST. COURT
AT ROANOKE, VA
FILED

MAR 18 2019

JUSTICE C. DUDLEY, CLERK
BY:  DEPUTY CLERK

From:

Bobby Nelson Collins Jr.

5865 West River Rd.

Salem, Va. 24153

Greetings,

I am writing you to let you know that I have completed an evidence based recidivism reduction program called changing offender behavior while I have been incarcerated here at this jail. I would like you to have a copy of my certificate to file and consider during the sentencing phase of my trial. I am truly serious about not surviving in the life style of addiction, and high-risk behavior. I would like to show the court and the world that given a second opportunity to succeed I will not disappoint.

Respectfully

RECEIVED

MAR 18 2019

USDC Clerk's Office
Mail Room

Certificate of Completion


BE IT HEREBY KNOWN THAT


BOBBY COLLINS

HAS SUCCESSFULLY COMPLETED

CHANGING OFFENDER BEHAVIOR




Colonel Bobby D. Russell
Superintendent


Mark Williams
Peer Specialist/Group Facilitator


Leigh Ann Reece
Program Coordinator

Western Virginia Regional Jail

SERVING THE COUNTIES OF FRANKLIN, MONTGOMERY, AND ROANOKE AND THE CITY OF SALEM
"WITH PRIDE AND EXCELLENCE"

Cognitive-behavioral Curriculum

Volume 1: Recognizing Responsible Behavior



A component of

***Changing Offender Behavior:
A Complete Evidence-based System***

Welcome

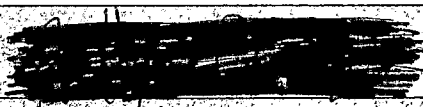
Changing Offender Behavior: A Complete Evidence-based System is a comprehensive program designed to reduce recidivism among participants and promote positive life change.

Through this program, you will learn:

- to identify situations, thoughts and feelings that are high-risk for criminal behavior.
- to replace faulty thinking with rational thinking.

- problem-solving, coping and social skills.
- to plan alternative, responsible responses to replace negative responses to situations.
- to evaluate your behavior and reinforce responsible behavior.

Your success in this program depends upon your motivation and hard work. You will get out of this experience exactly what you put into it.

	<i>Oct 1st 2018</i>
Name	Date

Authors

Lisa Murphy Spruance, M.S., Research Associate, University of Cincinnati
Edward J. Latessa, Ph.D., Professor and Head, Division of Criminal Justice, University of Cincinnati
Christopher T. Lowenkamp, Ph.D., Assistant Research Professor, University of Cincinnati

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Cognitive-behavioral Curriculum

Volume 2: Practicing Responsibility



A component of

**Changing Offender Behavior:
A Complete Evidence-based System**

Welcome

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- to evaluate your behavior and reinforce responsible behavior.

Your success in this program depends upon your motivation and hard work. You will get out of this experience exactly what you put into it.

Name _____

Date _____

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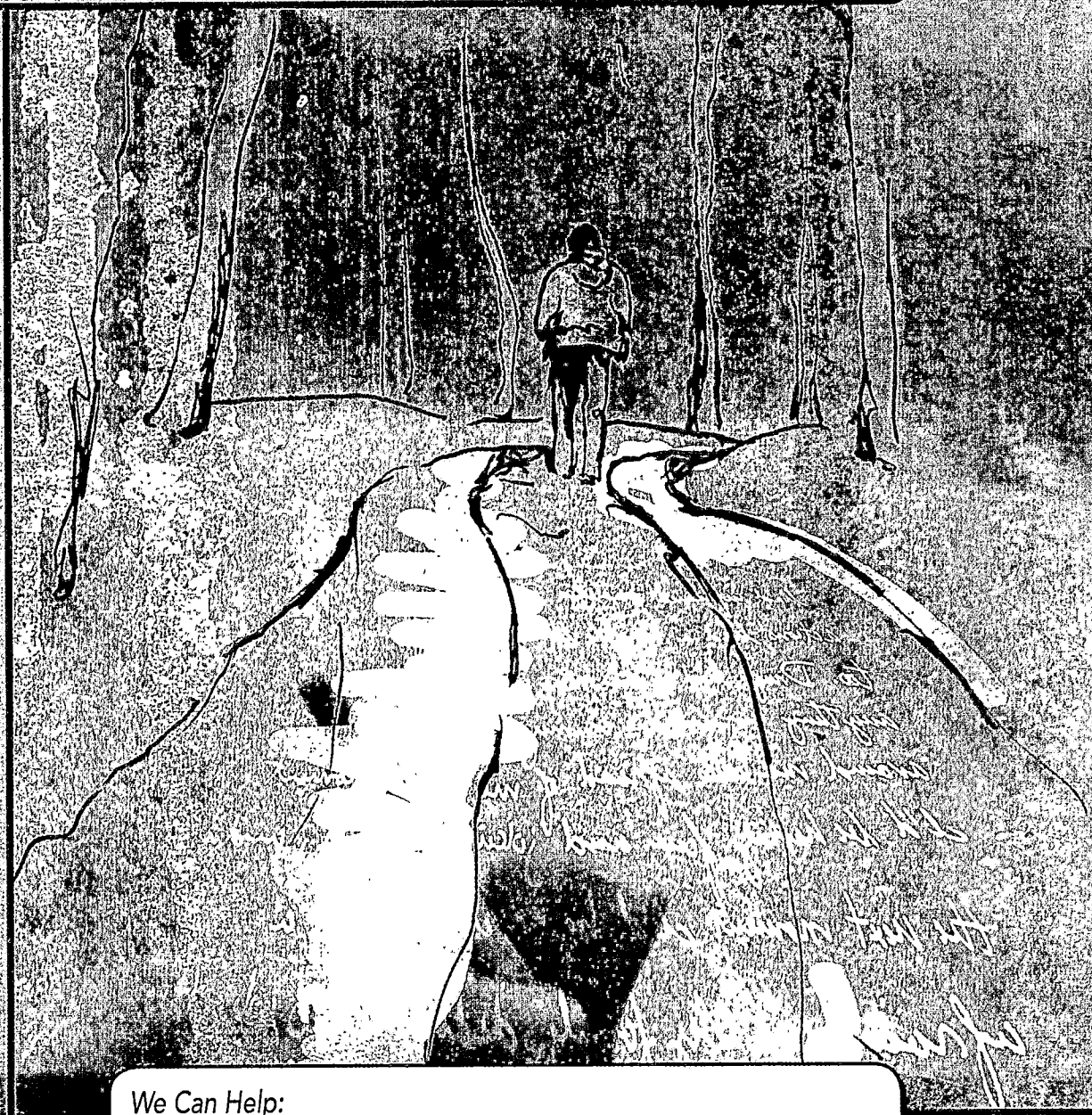
Review of Cognitive-behavioral Curriculum: Volume 2

This is what I gained from the *Practicing Responsibility* Journal:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Collaborative effort

This is a component of *Changing Offender Behavior: A Complete Evidence-based System*, a program that provides evidence-based practices in a user-friendly manner. The Change Companies® has developed this curriculum in collaboration with International Community Corrections Association and the authors Lisa Murphy Spruance, M.S., Christopher T. Lowenkamp, Ph.D., and Edward J. Latessa, Ph.D.



We Can Help:



The **Change** Companies®

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